

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Alida Viljoen**

Has successfully participated & completed the  
**5km Cowhouse Spring Trail Run 2017**  
held at Cowhouse Market.

**TIME 00:36:23**

**PACE 07:15/km**  
**OVERALL 25 of 53**

**GENDER 13 of 30**  
**40 - 49 5 of 11**

28 October 2017, Sat

Date



*BoutTime*

Signature

